

*"Motivational Interviewing (MI) is a person-centered guiding method of communication and counseling to elicit and strengthen motivation for change."*

1-Day  
**Motivational Interviewing**  
Workshop, Presented by  
**SUSAN DOPART, MS, RD, CDE**  
Saturday, Sept. 19, 2015  
9-4pm \$175

Early Registration Deadline:  
(August 15) \$175

Late Registration:  
(After August 15) \$225

**REGISTRATION INCLUDES:**

- \* 6 hours of training
- \* Resource materials
- \* Coffee and Tea/Snacks
- ~~Lunch options close by~~
- \* Limited to 24 participants

NAME: \_\_\_\_\_

PROFESSION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TELEPHONE: \_\_\_\_\_

FAX: \_\_\_\_\_

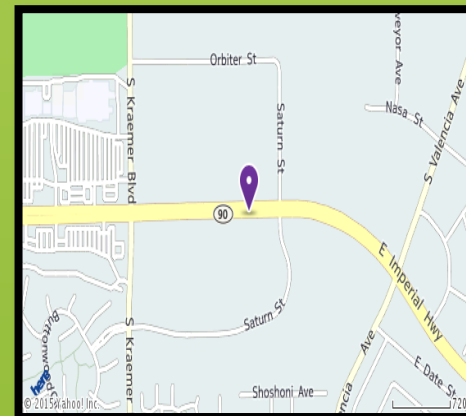
E-MAIL: \_\_\_\_\_

Send registration Form & Payment to:

**Life Span Ministries**  
**2880 E. Imperial Highway**  
**Brea, CA 92821**

US Bank Check or Money Order  
Made payable to:  
Life Span Ministries

Call 714-988-3365 or email  
Rev. Robin C. Clardy, D.Min.  
at  
lifespanministries@gmail.co



Life Span Ministries  
2880 E. Imperial Highway  
Brea, CA 92821  
714-988-3365  
[lifespanministries@gmail.com](mailto:lifespanministries@gmail.com)  
[www.LIFESPANMINISTRIES.COM](http://www.LIFESPANMINISTRIES.COM)



*Integrating faith, counseling, and training in clinical psychology to enable individuals, couples, and groups to experience the healing transformation that leads to a full and whole life.*

## 1-Day Motivational Interviewing Workshop For Clergy, Church Leaders & Health Care Professionals

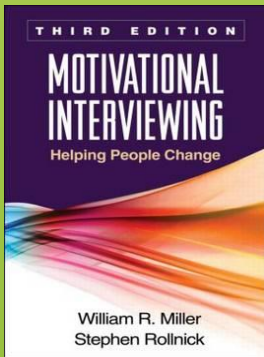
Taught by Susan Dopart, MS, RD, CDE  
[motivationalinterviewingtrainer.com](http://motivationalinterviewingtrainer.com)

Saturday, September 19, 2015, 9-4pm

At the Life Span Ministries Office

2880 E. Imperial Highway

Brea, CA 92821



*Susan Dopart, MS, RD, CDE is a health and wellness consultant with 25 years experience. She brings a dynamic interactive style as a trainer in Motivational Interviewing and behavior change specialist along with a background in dietetics, exercise physiology and diabetes education.*

*As a member of the International Motivational Interviewing Network of Trainers (MINT) she practices a collaborative, client-centered form of behavioral change.*

*Susan conducts half day, 1 or 2-day workshops for health care organizations, universities, and professionals who want to learn collaborative language to help with change.*

### REGISTRATION INCLUDES:

- \* 6 hours of training
- \* Resource materials
- \* Coffee and Tea/Snacks
- ~~ Lunch options close by~~
- \* Limited to 24 participants

Call 714-988-3365 or email

Rev. Robin C. Clardy, D.Min.

at [lifespanministries@gmail.com](mailto:lifespanministries@gmail.com)

- ❖ Do you want to learn how to have a collaborative conversation with those in your church or practice that strengthens, motivates, and helps them move toward the change they truly desire?
- ❖ Do you want to learn how to help others identify inner resources and skills to help initiate and maintain a desired change?
- ❖ Do you want to learn how to help others reflect on their ambivalence and get unstuck from maintaining the status quo?
- ❖ Do you want to learn how to honor people's autonomy in choosing goals, partnering with them in a way that evokes their inherent desire for change?
- ❖ Do you want to help others become aware of their values, strengths and passion?